

2. International Multi-Professional Paediatric Palliative Care Course

May 05th - 11th, 2012 in Haltern, Germany

Organised by the

**Vodafone Foundation Institute and Chair
of Children's Pain Therapy and
Paediatric Palliative Care
Children's Hospital Datteln, Germany**

Under the auspices of

The Association for Children's Palliative Care (ACT)

and the

European Association for Palliative Care (EAPC)

Dear colleagues,

It is with great pleasure that we would like to invite you to the

2. International Multi-Professional Paediatric Palliative Care Course in Haltern/Germany

Two years ago, we held the first International Paediatric Palliative Care Course. Nearly 80 paediatric palliative care (PPC) professionals from all over Europe and even from other continents participated and very much enjoyed this course.

It is the objective of the course to achieve significant improvements in the PPC structures throughout Europe and other countries. Within the first course, we made some important preliminary steps. To continue on this successful path, we aim to hold the course every two years.

Besides theoretical input, participants will have the opportunity to visit our paediatric palliative care unit (PPCU) and observe the multi-professional team at their clinical work on the ward. Participants will be able to attend daily ward rounds and therapeutic sessions such as art and music therapy.

We would like to invite you to the second International Multi-Professional Paediatric Palliative Care Course in Haltern, Germany.

On behalf of the organising team,



Boris Zernikow

Aims of the course

- Enhance theoretical knowledge
- Enhance practical knowledge
- Exchange personal experiences
- Networking

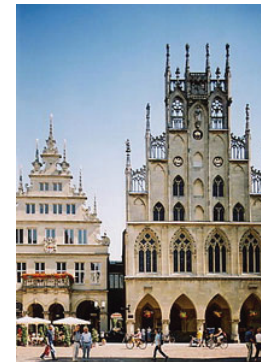
Teaching methods

- Whole group: lectures, case discussions
- Small group: interactive workshops, bedside teaching
- Team leader*: daily exchange meetings

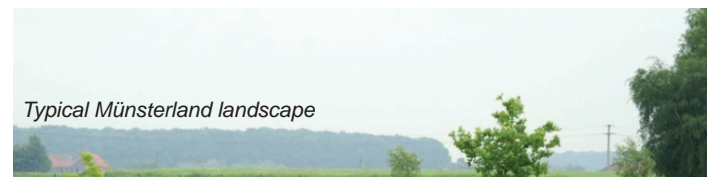
*and other interested participants

Social programme

Visit of the city of Münster
Visit of the city of Haltern am See
Come-together evening
Farewell party
Comedy programme



Münster City Hall



Typical Münsterland landscape

Participants

The course addresses professionals (nurses, paediatricians, psychologists, social worker, physiotherapists, ministers etc.) working in PPC, preferable members of a multi-professional PPC team. We encourage the teams to send members representing the diversity of the respective PPC team.

New participants as well as professionals who were attending our first course in 2010 are likewise invited to the second course. We are preparing a very interesting programme for both.

Please note: The course is limited to a maximum of 90 participants

Setting and Location

All participants will stay at the same accommodation at the course venue in Haltern, full board included. Most rooms available are double rooms that participants have to share, preferable members of the same team. There are also a few single rooms available at one's own expense (90 Euro for the course duration) or can be booked in the hotels nearby. (Please ask for our list of hotels or see <http://www.haltern.de/tourismus/uebernachten/Uebernachten.htm>).

Conference Venues

Heimvolkshochschule "Gottfried Kőnzgen"
Annaberg 40
45721 Haltern am See, Germany
www.hvhs-haltern.de

Paediatric Palliative Care Centre
Children's Hospital Datteln
Witten/Herdecke University
Dr.-Friedrich-Steiner-Str. 5
45711 Datteln, Germany
www.kinderpalliativzentrum.de



Paediatric Palliative Care Centre, Datteln

City of Haltern am See

Lake Haltern



Contents

- Update: PPC structures in Europe
- Symptom management
- Ethical aspects in PPC
- Bio-psycho-social aspects of care
- Spiritual aspects
- Self care / burn out prevention
- Suffering of professionals
- Childhood bereavement
- Neonatal care
- Organisational issues
- Education in PPC
- Observation at the PPCU*

*attendance of daily ward rounds with the multi-professional team

Speaker

Dr. Bernd Alt-Epping, Göttingen, Germany
 Dr. Margit Baumann-Köhler, Münster, Germany
 Dr. Jens Berrang, Dortmund, Germany
 Dr. Delia Birtar, Brasov, Romania
 Dr. Markus Blankenburg, Datteln, Germany
 Prof. Myra Bluebond-Langner, London, Great Britain
 Agnieszka Chmiel-Baranowska, Warsaw, Poland
 Dr. Finella Craig, London, Great Britain
 Dr. Ross Drake, Auckland, New Zealand
 Prof. Michael Frühwald, Augsburg, Germany
 Marion Grumbach-Wendt, Datteln, Germany
 Dr. Carola Hasan, Datteln, Germany
 Revd. James Linthicum, London, Great Britain
 Andreas Müller, Dresden, Germany
 Dr. Silke Nolte-Buchholtz, Dresden, Germany
 Michael Otto, Datteln, Germany
 Prof. Danai Papadatou, Athens, Greece
 Dr. Matthias Schell, Lyon, France
 Prof. Boris Zernikow, Datteln, Germany

Time	Saturday May 5 th	Sunday May 6 th	Monday May 7 th	Tuesday May 8 th	Wednesday May 9 th	Thursday May 10 th	Time	Friday May 11 th
08.00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	08.00	Breakfast
09.00	ARRIVAL REGISTRATION	Ethical aspects in PPC	Bio-psycho-social aspects / siblings	Self care/ burn out prevention	Spiritual aspects	Suffering of professionals	09.00	Feedback and exchange
10.00		Coffee Break	Coffee Break	Tour to Münster	Coffee Break	Coffee Break	10.00	Coffee Break
11.00		Pain	Workshops		Workshops	Workshops	10.30	Organisation of PPC I (incl. development, management, fundraising)
12.30		Lunch	Lunch		Lunch	Lunch	Lunch	12.00
13.00	Opening Facts on PPC	Dyspnoea	Workshops		Workshops	Workshops	13.00	Organisation of PPC II
14.00		Palliative sedation					14.30	Final come together, farewell
14.30	PPC-structures I (incl. rounds of introduction)	Coffee Break					15.00	Coffee Break
15.00		Fatigue, depression, anxiety	Coffee Break				15.30	DEPARTURE
15.30		Nausea, vomiting	Participants' experience: difficult cases		Participants' experience: difficult cases	Participants' experience: difficult cases	15.30	
16.00	Coffee Break	Short Break			Short Break	Short Break	16.15	
16.15		Participants' experience: difficult cases	Short Break				16.30	
16.30	PPC-structures II (incl. rounds of introduction)	Free Time	Team leader exchange meeting/ Research and evaluation in PPC		Participants' experience: diff. cases: Neonatal care	Team leader exchange meeting/ Education in PPC	Childhood bereavement	16.30
17.00								
18.00		Dinner	Dinner	Dinner	Dinner	Dinner	Team leader exchange meeting	18.00
18.30	Free Time		Optional trip to Haltern					18.30
19.00	Dinner Come-Together Evening	Team leader exchange meeting		Team leader exchange meeting		Special event (Pantomime)	Free Time	19.00
19.30							Dinner Farewell Party	19.30

Workshops

Participants will be allocated into four groups. **One group will be built of participants of the course 2010.** Each group will attend each workshop (*topic E and F will take place at the PPCU and participants have to choose between these two workshops).

- Topic A: **Pain – case discussions**
 Topic B: **Nutrition and gastrointestinal symptoms – case discussions**
 Topic C: **Neurological symptoms (sleeplessness, massive seizures...) – case discussions**
 Topic D: **Emergencies and prevention (dyspnoea, massive bleeding, palliative sedation) – case discussions**
 Topic E*: **Ethical decisions in PPC – case discussions**
 Topic F*: **Communication (breaking bad news, coping with emotions)**

Trip to the Paediatric Palliative Care Unit (PPC-Unit), Children's Hospital Datteln

Each group will visit the PPCU on one day

- Visit of the Paediatric Palliative Care Centre
- Daily round at the PPCU with the multi-professional team and following reflection
- Art therapy or music therapy sessions
- Workshops "Ethical decisions" or "Communication"



We are looking forward meeting you in Haltern!



The city of "Haltern am See" is located in the North-West of North Rhine-Westphalia, in the beautiful landscape of the Münsterland region. The retaining lake is surrounded by huge forests; the landscape is free of industry.

Directions

Airports

Dortmund (50 km), Münster-Osnabrück (71 km), Düsseldorf (73 km) or Köln/Bonn (118 km)

By train

From Düsseldorf with regional express train (RE 2); from Münster with regional express train (RE 2) or regional train (RB 42); from Dortmund: change trains in Wanne-Eickel or Essen (→ RE 2, RB 42, S 9). From Haltern railway station by bus to stop "Anna-berg".

By car

Motorway A 43 from Münster or Bochum/Recklinghausen or motorway A 52 from Düsseldorf: exit "Haltern am See" onto road B 58/L 551. Follow sign "Annaberg".

Course Fee:

Registration until January 31, 2012:

€ 650 - participants from low or middle income economies (World Bank table)

€ 950 - participants from high income economies (World Bank table)

Registration later than January 31, 2012:

€ 850 - participants from low or middle income economies (World Bank table)

€ 1150 - participants from high income economies

Included: board and lodging, bus transfer to the PPCU, teaching materials, social programme

Please ask for possible available scholarships!

At the moment we are applying for funding. Participants who are in need of scholarships are welcome to register and apply for grants.

Payment

Please make your payment by bank transfer

Payee: Children's Hospital Datteln

noting "IPPCC 2012, Haltern"

BIC: GENODEM1WLW

IBAN: DE09 4266 1717 0100 268 100

Or for transfers within Germany

Vestische Kinder- und Jugendklinik Datteln

Stichwort "IPPCC 2012, Haltern"

Volksbank, BLZ 426 617 17

Konto 100 268 100

Cancellation

Until 31/01/2012 - 80% payback

Until 31/03/2012 - 50% payback

Until 30/04/2012 - 20% payback

Later than 30/04/2012 - no payback

Information and Contact:

Bettina Hübner-Möhler

Vodafone Foundation Institute and Chair of Children's Pain Therapy

and Paediatric Palliative Care

Children's Hospital Datteln

Witten/Herdecke University

Dr.-Friedrich-Steiner-Str. 5

D 45711 Datteln

Phone: +49 2363 975 767

Fax: +49 2363 975 769

Email: b.huebner@kinderklinik-datteln.de

www.vikp.de

www.kinderklinik-datteln.de

REGISTRATION

Ms/Mrs/Mr Title

Surname First name

Profession Position

Team

Accompanying team member(s)

Institution

Department

Office Address: Street

Postal Code City

Country

Email

Website

Phone

Home Address: Street

Postal Code City

Email

Phone

Preferred contact address: home office

Please note: All information will be sent via email.